

# Step 1 Prep Guide

USMLE® Prep offers something for every kind of studier. See what's in it for you.



Features	In Center	Live Online	Live	14 Week Live	On Demand
Structured study plan delivered on a new platform	✓	✓	✓	✓	✓
Over 200 hours of On-Demand video lectures covering the foundational basic sciences	✓	✓	✓	✓	✓
100 supplemental videos, including clinical correlates and high yield animations	✓	✓	✓	✓	✓
2,600 warm-up and post video test questions	✓	✓	✓	✓	✓
7 volumes of 2019 lecture notes in print and ebook with easy-to-understand color images and tables	✓	✓	✓	✓	✓
Diagnostic exam to identifying your strengths and weaknesses	✓	✓	✓	✓	✓
2 full length simulated Step 1 exams + 11 assessment exams	✓	✓	✓	✓	✓
Qbank: Over 2000 questions with complete explanations	✓	✓	✓	✓	✓
Weekly Advancement Workshops and Critical Thinking Sessions	✓				
Eligible for F-1 Student Visa Chicago, Houston, Miami, New York and Pasadena	✓		✓	✓	
Private Facebook Community: Stay connected with peers, faculty and your Medical Advisor		✓			
Personal Medical Advising: One-on-one guidance, with personalized study plan and residency timeline	✓	✓			
Group Medical Advising: Cover essential USMLE study plan and residency strategies in advising sessions			✓	✓	
270 hours of live lectures in our most time efficient schedule	CAN BE ADDED		✓		
280 hours of live lectures on a slower paced schedule	CAN BE ADDED	✓		✓	
Small Group Sessions: Retain and expand your knowledge w/ 80+ hrs of team-based learning	CAN BE ADDED			✓	