

# Step 1 Prep Guide

USMLE® Prep offers something for every kind of studier. See what's in it for you.



Features	In Center + Live	Live Online	On Demand
Structured study plan delivered on a new platform	✓	✓	✓
Over 200 hours of On-Demand video lectures covering the foundational basic sciences	✓	✓	✓
100 supplemental videos, including clinical correlates and high yield animations	✓	✓	✓
2,600 warm-up and post video test questions	✓	✓	✓
7 volumes of 2020 lecture notes in print and ebook with easy-to-understand color images and tables	✓	✓	✓
Diagnostic exam to identify your strengths and weaknesses	✓	✓	✓
2 full length simulated Step 1 exams + 11 assessment exams	✓	✓	✓
Qbank Integrated Plan with over 3,300 exam-like questions	✓	✓	✓
Weekly Advancement Workshops and Critical Thinking Sessions	✓		
Eligible for F-1 Student Visa New York	✓		
Private Facebook Community: Stay connected with peers, faculty and your Medical Advisor	✓	✓	
Personal Medical Advising: One-on-one guidance, with personalized study plan and residency timeline	✓		
Access to a group of Medical Advisors to help cover essential USMLE study plans and residency strategies		✓	
280 hours of live lectures on a slower paced schedule	✓	✓	